

Woodbrook Vale School

WOODBROOK VALE

2026/2027

WEEKLY NEWSLETTER

UPCOMING EVENTS/DEADLINES

Please visit our school website for more information

Enrichment Week Deadline	Friday 20th November
Year 8 Parents Evening	Thursday 26th November
Inset Day	Friday 27th November
Year 8 Rewards Trip - Slick City	Monday 7th December
Winter Showcase	Thursday 10th December
Ski Information Evening	Wednesday 16th December
Year 11 Winter Wonderland	Thursday 17th December



Woodbrook Vale School



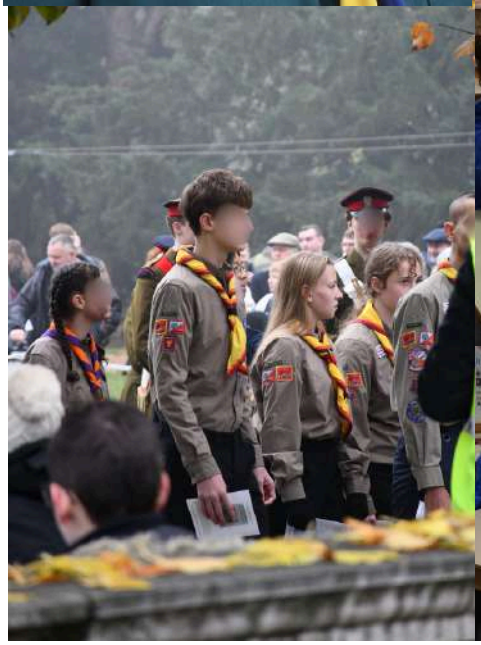
REMEMBERANCE DAY

Students who helped paint poppies (made using the bottoms of plastic bottles), and photos of where they were used in the display at The Coronation Gardens in Loughborough!

















Woodbrook Vale School

SENIOR MATHS CHALLENGE

Huge congratulations to these year 11 students who took part in the Senior Maths Challenge!

The senior challenge is designed for year 12-13 students, and this is the first year Woodbrook Vale students have ever been entered.

They received some fantastic results, with 2 getting the silver award and 3 getting bronze!

Click on this link to see the paper the questions they answered:

SMC_2026_PAPER-2.PDF



Camryn travelled with England Judo as part of their squad and did the Harnes international competition in France, under 18s with 22 in her category. She had 4 matches winning them all and got gold.







Woodbrook Vale School

Year 9 Sports Leaders

On Tuesday 10th November, twelve of our Year 9 Sports Leaders travelled to Charnwood College to support the Primary Boccia & Kurling event, attended by seven schools from the North Charnwood area. The morning consisted of six activities that the children completed in a circuit format, with the leaders explaining the activity and supporting the children completing the tasks. The event was an inclusive event, meaning the children who attended have SEND, are disadvantaged, or lack opportunity to be physically active. For majority of the children at the event it was their first time representing their school, meaning there were lots of nerves and excitement for the Leaders to consider when running their sessions – for one school it was their first ever event!



Primary Boccia & Kurling event





The Sports Leaders did a fantastic job of encouraging the children, explaining the activities and making sure the children enjoyed themselves. Several members of staff complimented the Leaders, saying they are a credit to the school, and that they are the best group of Leaders from any event they have attended because of their passion, enthusiasm and skill level. The organiser of the event was particularly impressed with;

Josh - For being so encouraging and making the activity more exciting and engaging through his tone of voice and language towards the students.

Emily and Atreya – For introducing themselves to the children, learning their names and adapting the competition element of the activity for the different groups of children.

A huge congratulations to each and every one of you for conducting yourself so professionally and for doing so brilliantly. You all implemented your training, worked well as a team to support each other, and adapted to ensure your activity allowed maximum involvement and engagement, thinking on your feet to challenge the children who needed it, and supporting those who needed more encouragement. Well done everyone!





Woodbrook Vale School

rainbows

Brightening short lives

SIGN UP!



Get ready to dash through Loughborough this Christmas at the Rainbows Loughborough Santa Run! Join us for a festive, fun-filled event packed with Christmas spirit, plenty of smiles and a whole lot of Santa magic. Lace up, grab your Santa hat and get ready for a Christmas adventure the whole family can enjoy!



Exam Certificates

Certificates from exams taken in June 2026 will be available for collection by students from the Dining Hall on, Monday 16 November & Tuesday 17 November, between 3.15pm and 4.15pm.

Please come to the outside doors of the Dining Hall (under the canopy).

If students are unable to collect the certificates in person someone else can collect on their behalf, but must have a signed letter from the student and bring identification with them.

Please do not come to school at any other time without prior arrangement with Mrs Perry who can be contacted on 01509 557560 ext 1044 or jperry@wbvs.co.uk

Please advise students to look after their certificates as some exam boards will not provide a replacement for a lost certificate, other exam boards will charge (approx. £50-£60) for a replacement.

Students who studied Art and Design will also be able to collect their sketch books and artwork. A reminder that ESA boards are large and you will need to bring suitable methods of carrying home e.g a bin bag. Some final pieces are on display in school.

Mrs Perry





Woodbrook Vale School

CREATIVE FACULTY

Year 9 Food Tech

In Food Technology lessons this week, year nine pupils have been making their own fresh pasta; year eight pupils have been making stir fry and year seven pupils have been practicing safe knife handling and cutting techniques.











Year 10 GCSE Food Preparation

The Year 10 class have continued their practical work to develop their skills ready for completing their coursework in Year 11. This week they had to plan and manage producing two dishes at the same time was as much an exercise in time-management as it was for their kitchen skills.

The students produced min-quiches alongside a sweet tart - either lemon or chocolate.

It was a definite learning curve for some and the exercise has certainly made everyone more aware of the challenges of planning and cooking multiple dishes in a tight timeframe.



Woodbrook Vale School

JEWELLERY SPOTLIGHT

Nail varnish, including **acrylic or gel nails** are **not appropriate** for school and should not be worn.

One pair of stud earrings is permissible. Apart from this, for safety and security reasons, jewellery, including **bracelets, necklaces, rings and nose, face, body or oral jewellery should not be worn in school.**

On PE days students should only wear the Woodbrook Vale PE Hoodie. Black Shorts should be of an acceptable length, or Black Tracksuit Bottoms, **and all jewellery be removed**.

If such jewellery is worn students will be expected to remove it. It may be confiscated and students and/or parents/carers will be informed when it can be collected.

Homework Club



Looking for a quiet and supportive space to get your homework done? Come along to the Homework Club in the school library every Tuesday, Wednesday, and Thursday from 3:00 to 4:00 PM. Open to students from all year groups, the Homework Club is the perfect place to focus on your assignments, study, or catch up on work. There's no obligation to stay for the entire hour—drop in for as long as you need! Whether you're looking for a peaceful environment to concentrate or need some guidance with your tasks, the Homework Club is here



Take a look...

Linguascope is a great website for revising content covered in class by playing the games. There is an addition "construction of sentences" section which is more challenging. Why not challenge yourself to learn one of the other langauges over the summer ? the linguasope password had been changed

username = woodbrook
password = cultural20

We are pleased to share that Woodbrook Vale has been selected for the Tesco Fruit and Veg schools grant program starting from the 3rd August to Nov 2026, you can support our project by blue token in selected Tesco's Stores.
Our project is creating a sensory garden designed with students; supporting wellbeing, inclusion, multi-sensory learning and responsibility.

Please remember us when leaving the local Tesco stores.





Everyone who has helped with the Blue tokens for our sensory garden,
Keep up the great work, we have till Nov 30th 2026 for the final count !

Go 4 Schools

As part of our commitment to inform parents/carers about students' progress whilst at Woodbrook Vale, we have Go 4 Schools an on-line internet based package that allows you to access your child's timetable as well as, attendance, homework and behaviour data.
Parents follow this link: https://www.go4schools.com/parents/
This information is also available through the Go 4 Schools Mobile App which can be downloaded from the App Store and Google Play

If your require help to set up your account please contact Julia Perry on 01509 557560 ext 1044 or jperry@wbvs.co.uk

Free school meals information

Leicestershire County Council

Science Conundrum of the Week

What is the most abundant solid element in our galaxy?

Last Weeks Answer

In animals what is the function of anaerobic respiration - Anaerobic respiration breaks down glucose in cells to release energy without using oxygen by turning the glucose into lactic acid. A good example of this is in muscle cells during hard, fast exercise when your body cannot supply oxygen quickly enough. The oxygen debt however must be paid back later.



Woodbrook Vale School

CAREERS

NHS VIRTUAL WORK EXPERIENCE

Children aged 14 and over who are interested in a career in medicine or dentistry can apply for a free National NHS Virtual Work Experience programme.

Virtual work experiences have been accepted by the Medical Schools and Dental Schools Council as valuable alternatives to in-person shadowing.

Apply here:
Medicine: https://medicmentor.org/university-hospitals-birmingham-trust-virtual-work-experience/
Dentistry: https://dental-mentor.org/university-hospitals-birmingham-trust-virtual-work-experience/

Upon successful completion of all specialities, students will receive a certificate from Medic Mentor and UHB, validating their active participation to include in their UCAS and apprenticeships applications

BECOME A PILOT

The 'Become a Pilot Live Online Academy' is now registering for its winter programme for children in Years 9, 10 and 11. The ten-session programme provides 20 hours of specialist tuition and mentoring for aspiring commercial pilots and starts this Sunday 8 November 2026.

Course fees, information & booking visit:



POST 16 OPEN DAYS

Rawlins Academy Sixth Form - Saturday November 14th 9:45am to 12:30pm

Loughborough College -Saturday 14th November from 9.30am - 1pm

Melton Ignite - Tuesday 17th November

Leicester College - Wednesday 18th November 5-730pm

Brooksby College - Saturday 28th November 9.30am - 1pm



Leicestershire SEND Reform Plan

An informationsessionforParents and Ca rers

Leicestershire County Council and Leicestershire SEND Hub are holding two parent carer information sessions on the Local SEND Reform Plan. There will be opportunities to hear what Leicestershire are doing and opportunities to ask further questions on the plan moving forward.

17th November 2026

6.30pm-8pm

Online

Book Here

23rd November 2026

11am-12.30pm

Online

Book Here



Woodbrook Vale School

ENRICHMENT WEEK 2027

Make Your Trip Choices













Link to parents/carers
16th November 2026

DEADLINE
20th November 2026

www.wbvs.co.uk
office@wbvs.co.uk
01509 557560


Woodbrook Vale School
BOOK NOW
Woodbrook Vale School
Winter
SHOWCASE
Thursday 10th December
Doors Open 5pm
Performance starts 5:30pm
Running time:
1hr 15minutes
£1 per ticket
(Limited availability -purchase via ParentPay)
Yr11 Drama, Yr10 Performing Arts, Year 10 Dance, Year 10 Instrumental Solo, KS3 Drama Club, Whole School Production snippet, Year 7 Instrumental Solo
www.wbvs.co.uk
office@wbvs.co.uk
01509 557560



Woodbrook Vale School

INTERVENTIONS

Year 11 Intervention Programme – Autumn 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Science	Science	Science History		
Afterschool	Maths	MFL / Creative Science		English / iMedia	Geography

Teachers will inform you if you have been invited to interventions

Tuesdays: History / MFL / Creative will take priority

SCIENCE

YR 11 AFTERSCHOOL REV		Triple Room	Combined Room
TUESDAY 8TH SEPTEMBER	Phys	25	25
TUESDAY 15TH SEPTEMBER	Bio	Lab 1	Lab 3
TUESDAY 22ND SEPTEMBER	Chem	Lab 1	Lab 3
TUESDAY 29TH SEPTEMBER	Bio	Lab 1	Lab 3
TUESDAY 6TH OCTOBER	Phys	25	Lab 1
TUESDAY 13TH OCTOBER	Chem	Lab 1	Lab 3
TUESDAY 27TH OCTOBER	Phys		25
TUESDAY 3RD NOVEMBER	Bio	Lab 1	Lab 3
TUESDAY 10TH NOVEMBER	Chem	Lab 1	Lab 3
TUESDAY 17TH NOVEMBER	Phys	25	25
TUESDAY 24TH NOVEMBER	Bio	Lab 1	Lab 3
TUESDAY 1ST DECEMBER	Chem	Lab 1	Lab 3
TUESDAY 8TH DECEMBER	Phys	25	25

YR 11 Science Lunchtime Revision STARTS 12.25 prompt		
	TRIPLE	COMBINED
MONDAY	PHYSICS ROOM 25	
TUESDAY	CHEMISTRY LAB 1	CHEMISTRY ROOM
WEDNESDAY	BIOLOGY LAB 3	BIOLOGY ROOM 24



Sports Fixtures: Autumn 2

New Basketball dates!

Boys Basketball

Year 11
Wednesday 25th November

Year 10
Tuesday 17th November

Year 9
Thursday 19th November

Year 8
Wednesday 2nd December

Year 7
Thursday 3rd December

Girls Basketball

KS4
Tuesday 24th November

Year 9
Thursday 26th November

Year 8
Wednesday 9th December

Year 7
Tuesday 1st December

Table Tennis

U13 Boys & U13 Girls
Thursday 5th November

U16 Boys & U16 Girls
Thursday 12th November

Boys Futsal

Year 7
Tuesday 8th December

Year 8 & 9
Tuesday 15th December

Please ensure you are returning any borrowed sports kit to the PE office as soon as possible after your fixture so they can be washed ready for other teams to wear.

Woodbrook Vale Sports Clubs

Day	Club	Year Group	Time	Location
Monday	Girls Badminton	KS3	12:25-1pm	Sports Hall
	Volleyball	All years	3-4pm	Sports Hall
	Girls Football	All years	3-4pm	Field
Tuesday	Basketball	All years	12:25-1pm	Sports Hall
	Netball	All years	3-4pm	Ball court
Wednesday	Table Tennis	All years	12:25-1pm	Gym
Thursday	Badminton	Year 10	12:25-1pm	Sports Hall
Friday	Badminton	Year 11	12:25-1pm	Sports Hall
	Girls Dodgeball	Year 8	12:25-1pm	Gym
	Cricket	All years	3-4pm	Sports Hall

www.wbvs.co.uk office@wbvs.co.uk 01509 557560



Woodbrook Vale School

Free ADHD Support for Parents/Carers, Children and Young People

For families living in Leicestershire County

Workshops for parents / carers of children and young people under 19

Suitable for any stage of the ADHD journey, **THRIVE** workshops focus on understanding ADHD and applying this knowledge to real life struggles.

Workshops for children and young people under 19 who have an ADHD diagnosis

THRIVE workshops help children and young people to understand what ADHD means for them.

Peer Support Groups for parents / carers

CONNECT groups are held monthly in each borough or district of the County, and are suitable for any stage of the ADHD journey. Meet other families, learn and share with people who 'get it'.

Scan this QR code or visit our website to find out more and book your place



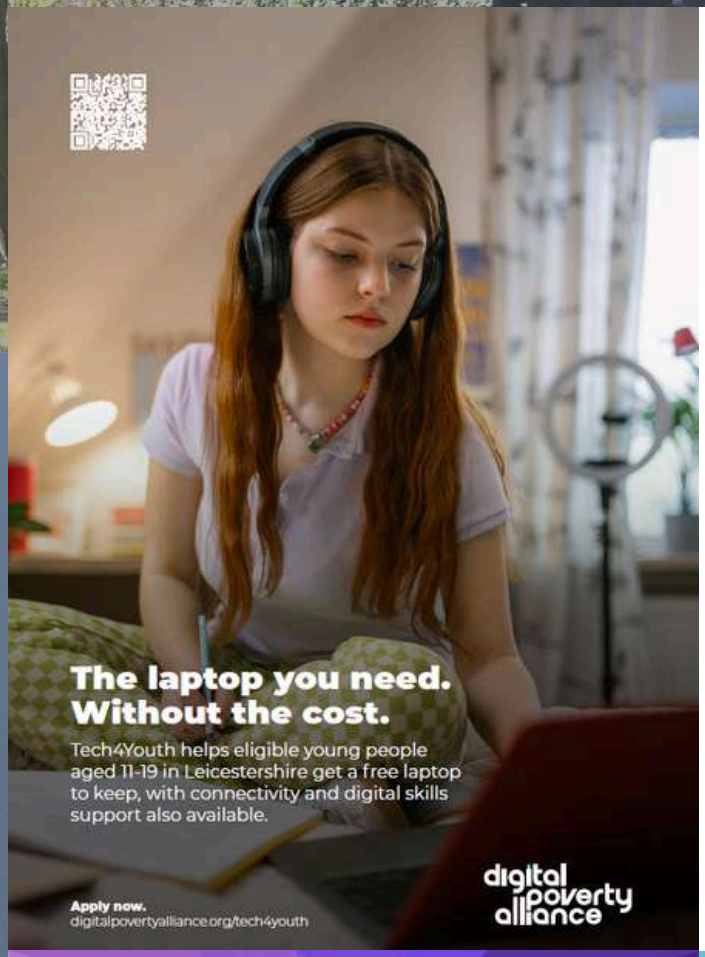
headsupleicester.org.uk/ADHD

Leicestershire County Council

HEADS UP

Supporting families through life's challenges

Woodbrook Vale School



Access to the digital world is now an essential part of everyday life.

From school and college work to applying for jobs, building skills and staying connected, having access to the right technology can make a real difference.

Tech4Youth supports young people aged 11-19 in Leicestershire who do not have access to a suitable laptop at home. If your application is successful, you will receive a free laptop of your own, with connectivity and digital skills support also available.

A laptop that is yours to keep

There is nothing to return and no rental agreement. The laptop belongs to you and can be used at home for education, looking for work, developing your skills or anything else you need a laptop for.

Who can apply

You must be aged 11-19, live in Leicestershire and not currently have access to a suitable laptop at home.

If you are aged 16-19, you can apply directly. If you are under 16, a parent or caregiver must apply on your behalf.

A teacher, youth worker, councillor or another trusted professional will also need to verify that you would benefit from receiving a laptop.

Resources are limited, so meeting the eligibility criteria and having your application verified does not guarantee a laptop.

Apply online

digitalpovertyalliance.org/tech4youth

Prefer a paper form?

Text **T4Y**, followed by your name, street address and postcode, to **07984 445 476** to request an application form by post.

Digital Poverty Alliance | Registered Office: 3rd Floor, 86-90 Paul Street, London EC2A 4NE | Registered Company No. 11974744 | Registered Charity in England and Wales No. 1206306 | Registered Charity in Scotland No. SC053878 | Registered Company in the Isle of Man No. 018229 | Registered Charity in the Isle of Man No. 1361

Digital Poverty Alliance

For 25 years, the Digital Poverty Alliance has worked across the UK to tackle digital poverty and help more people access the technology they need.

As a national charity, we combine practical programmes with research, partnerships and advocacy to address barriers including access to devices, connectivity, digital skills and support.

Tech4Youth is part of that work, helping young people access the technology and skills they need for education, employment and everyday life.

More than a laptop

Tech4Youth is designed to give young people more than access to a device. Alongside a laptop to keep, the programme can provide connectivity and support to build digital skills, helping young people make fuller use of the technology available to them.

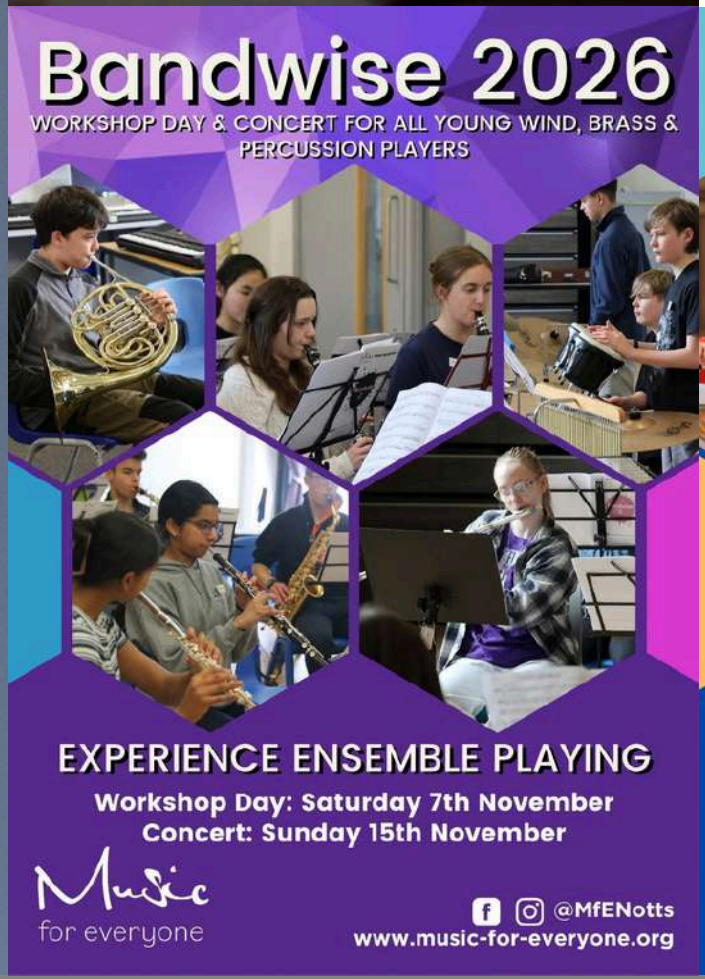
Leicestershire

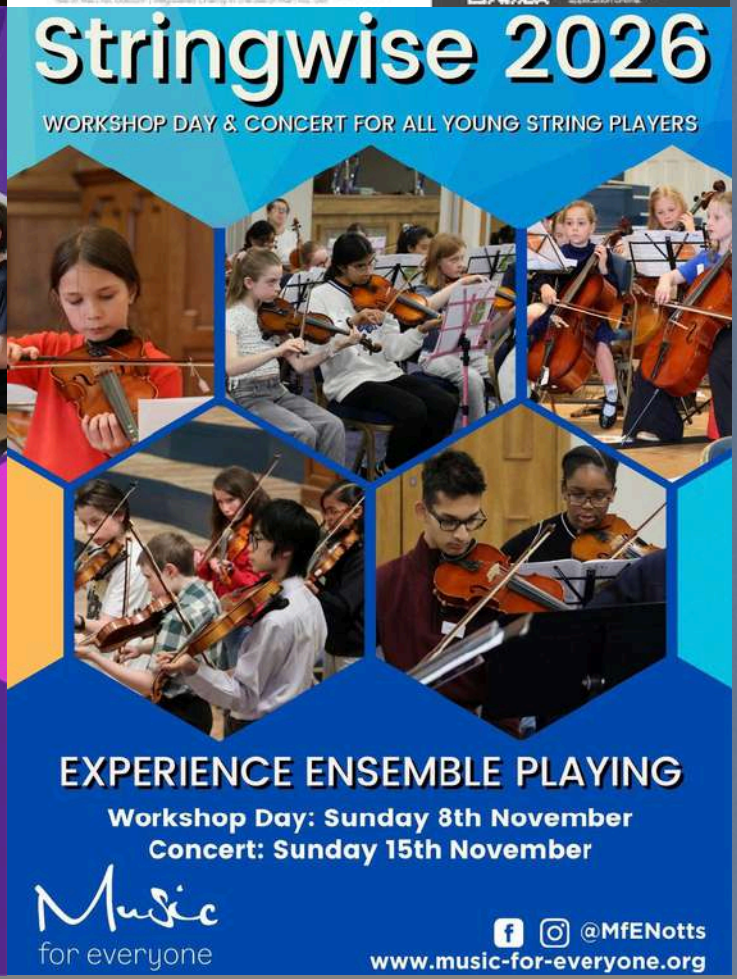
Tech4Youth is open to eligible young people aged 11-19 living in Leicestershire who do not have access to a suitable laptop at home.

Through our partnership with the Barratt Redrow Foundation, more than 150 young people in Leicestershire have already received laptops, with the programme continuing to support more young people across the county.

Scan the QR code to learn more about Tech4Youth and apply for a laptop.

Check your eligibility, read the terms and conditions and start your application online.







2026 DATES (Saturdays)

Race 1: Saturday 3 October 2026
Race 2: Saturday 31 October 2026
Race 3: Saturday 28 November 2026

VENUE

Herewoode Academy
Glenfield Road, Leicester LE3 6DN
(New College Leicester site)

OPEN TO

All primary and secondary schools in Leicestershire & Rutland

ALL ABILITIES WELCOME

It's about participation, perseverance and personal bests!

ENTRIES NOW OPEN

SCAN THE QR CODE TO ENTER

HEALTHIER CHILDREN | STRONGER SCHOOLS | BRIGHTER COMMUNITIES

RUN FOR LIFE LEAGUE 2026

runforlifeleague2026@outlook.com

Running today for a brighter tomorrow



Woodbrook Vale School

NHS Guidance

Sometimes it can be difficult to know whether your child is too ill to attend school. NHS guidance says it's fine to send them in with a minor cough or common cold, as long as they don't have a temperature – we will keep an eye on them.

See NHS guidance sheet 'Is my child too ill for school'

Is my child too ill for school?

UK Government NHS

Does your child have a high temperature (38°C or more)? YES Keep them off school until it goes away. NO Follow the guidance below.

Your child can usually go to school with a mild cough or cold if they are otherwise well. If you do keep your child at home, it's important to phone the school or nursery on the first day and give them the reason.

Should go in	Should go in (let the school know)	Seek treatment before returning to school	Keep them off (at first)
A cough, cold or sore throat Fine with slight cough or common cold symptoms, such as a runny nose, sore throat or headache, as long as they're otherwise well and do not have a high temperature.	**Cold sores** Encourage them not to touch the blister or kiss anyone while they have the cold sore, or to share things like cups and towels.	**Impetigo** They'll need treatment from a pharmacist or GP, often with antibiotics. Keep them off school until all the sores have crusted over and healed, or for 48 hours after they start antibiotic treatment. Encourage your child to wash their hands regularly and not to share things like towels and cups with other children at school.	**Ear infection** If your child has an ear infection and a high temperature or severe earache, keep them off school until they're feeling better or their high temperature goes away.
Threadworms Speak to your pharmacist, who can recommend a treatment.	**Conjunctivitis** Fine unless they are feeling very unwell. Seek advice from your pharmacist. Encourage your child not to rub their eyes and to wash their hands regularly.	**Ringworm** See your pharmacist unless it's on their scalp, in which case you should see a GP. It's fine for your child to go to school once they have started treatment.	**Measles** They'll need to see a GP. Call the GP surgery before you go in, as measles can spread to others easily. Keep your child off school for at least 4 days from when the rash first appears. They should also avoid close contact with babies and anyone who is pregnant or has a weakened immune system.
	Head lice & nits You can treat head lice and nits without seeing a GP.	**Scarlet fever** They'll need treatment with antibiotics from a GP. Otherwise they'll be infectious for 2 to 3 weeks. Your child can go back to school 24 hours after starting antibiotics.	**Vomiting & diarrhoea** Stay away from school until they have not been sick or had diarrhoea due to illness for at least 2 days (48 hours).
	Hand, foot & mouth disease If they seem well enough to go to school, there's no need to keep them off. Encourage your child to throw away any used tissues straight away and to wash their hands regularly.	**Chickenpox** Keep them off school until all the spots have crusted over. This is usually about 5 days after the spots first appeared.	
	Slapped cheek syndrome Once the rash appears, they're no longer infectious. Let the school or teacher know if you think your child has slapped cheek syndrome.		

Feeling worried or anxious: It's normal for any of us to feel worried sometimes. We may get a tummy ache or headache, or have problems eating or sleeping. Avoiding school can sometimes make a child's worries about going to school worse. If your child is struggling, please speak to school as soon as possible to explore available help. If your child is still struggling and it's affecting their everyday life, you should contact GP or school nurse.

To find out more, search www.NHS.uk for the specific illness or infection, or 'Is my child too ill for school?'



Woodbrook Vale School

Mental Health Support Teams in Schools

NHS
Leicestershire Partnership NHS Trust

Looking for NHS advice on mental health for teenagers?



Find information, advice and support on mental health and emotional wellbeing on the Health for Teens website.

To be referred for mental health support, speak to your teacher or mental health lead.

Find more support at:

www.myselfreferral-llr.nhs.uk/

bit.ly/YouandYourMentalHealth

HEALTH FOR TEENS



Woodbrook Vale School

How Parents Can Access This Support:
Families do not need a school referral to access these specific early intervention programmes.
Parents can self-refer directly by visiting the NHS LLR Self-Referral Portal which can be accessed from our website The Early Intervention Service (EIS) | The Relationships Centre - Leicester, Leicestershire & Rutland

Early Intervention Service

Emotional wellbeing and therapeutic support for children and young people, and their parents/carers, living in Leicester, Leicestershire and Rutland.



Flourish

Our Flourish groupwork programme is for children and young people aged 8-17. It aims to equip young people with a better understanding of mental and emotional health, coping strategies and emotional resilience through a range of creative and engaging interventions.

The programme runs for 6-8 weeks, groups are separated by age range and tailored to better fit the needs of each age group.

Prosper

Our Prosper programme is a 3-hour Zoom session for parents/ carers of children experiencing anxiety. Our Prosper deliverers support parents to understand anxiety and how they can best support their children and young people to cope better.

Children and Young People's Counselling

A safe space for children and young people aged 8-18 to talk about challenges they're facing one to one with a trained counsellor, and learn better ways of coping.

ADHD support

We offer support to young people and their families where there is diagnosed or suspected ADHD. Our practitioners work with young people to support them in understanding ADHD and how this can impact them in their daily lives, and explore better ways of regulating their emotions. We also offer workshops for parents/ carers, supporting them to understand ADHD and how they can best support their children and young people to cope better.

Heads Up

The service is made up of two organisations: The Relationships Centre and Heads Up, and offers a range of support interventions for children, young people and parents/carers. You can find information on the services offered at Heads Up here: www.headsupleicester.org.uk
To access this, you will need to be assessed and referred by your GP or you can complete a self-referral to see whether The Relationships Centre is the best fit for you: www.myselfreferral-llr.nhs.uk/

The Relationships Centre



Woodbrook Vale School

Mental Health Support Teams in Schools

NHS
Leicestershire Partnership
NHS Trust

Looking for NHS advice on mental health for children?



Find information, advice and support on mental health and emotional wellbeing on the Health for Kids website.

To be referred for mental health support, speak to your child's teacher or mental health lead.

Find more support at:

www.myselfreferral-llr.nhs.uk/
bit.ly/MentalHealthForChildren

Health for Kids!