

WEEK 3

VEGETARIAN

The Vale



MONDAY

MAINS

- Chicken Tikka Masala
- Vegetable Curry
- Pasta & choice of sauce
- Jacket Potatoe with fillings

SIDES

- Naan Bread
- Steamed Rice

TUESDAY

MAINS

- Pasta & Meatballs
- Pasta Arrabiata
- Pasta & choice of sauce
- Jacket Potatoe with fillings

SIDES

- Garlic Bread
- Mixed Salad

WEDNESDAY

MAINS

- Cottage Pie (Beef)
- Cheese & Potato Pie
- Pasta & choice of sauce
- Jacket Potato with fillings

SIDES

- Gravy
- Carrots & Broccoli

THURSDAY

MAINS

- Katsu Curry
- Vegan Chilli
- Pasta & choice of sauce
- Jacket Potato with fillings

SIDES

- Sweetcorn
- Rice

FRIDAY

MAINS

- Battered Cod
- Chicken Leg
- Vegan Sausage Roll

SIDES

- Chips
- Baked Beans

Main Meals - £2.70
Pasta & Sauce - £2
Jacket Potato - £2.10

Small Salad - £1.20
Large Salad - £2.50
**Salad is free with Main Meal*