

WEEK 1

MENU

The Vale



MONDAY

MAINS (£2.70 each)

- Chicken Korma Curry
- Red Lentil Curry
- Pasta & Choice of Sauce
- Jacket Potato with fillings

SIDES

- Naan Bread

TUESDAY

MAINS (£2.70 each)

- Chicken Enchilada
- Sweet Potato & Corn Enchilada
- Pasta & Choice of Sauce (£2.00)
- Jacket Potato with fillings (£2.00)

SIDES

- Mixed Rice
- Seasonal Mixed Salad

WEDNESDAY

MAINS (£2.70 each)

- Roast Turkey & Stuffing
- Cauliflower Bake
- Pasta & Choice of Sauce (£2.00)
- Jacket Potato with Fillings (£2.00)

SIDES

- Roast Potatoes
- Seasonal Vegetables
- Gravy

THURSDAY

MAINS (£2.70 each)

- Spaghetti Bolognese
- Pasta Bake
- Pasta & Choice of Sauce (£2.00)
- Jacket Potato with Fillings (£2.00)

SIDES

- Seasonal Vegetables

FRIDAY

MAINS (£2.70 each)

- Battered Cod
- Pork Sausages
- Vegan Sausage roll

SIDES

- Chips
- Baked Beans

DESSERTS

Homemade cakes and cookies are provided each day.